

# ENTER THE 2017 NYCOSH YouthSAFE CONTEST!

**Did you know young workers in the US are twice as likely as older workers to get injured on the job?** Teens and young adults need to know their rights and all about workplace safety and health!

**Help us bring the message of workplace safety to young people and employers!**

The NYCOSH YouthSafe contest has prizes in three categories open to all youth between the ages of 14 – 19 who live in New York State. **All entries must use the approved NYCOSH themes attached and be postmarked or received via email (depends on which contest you enter) by Friday, April 21, 2017.** Each participant must complete an entry packet for each submission; these are available at [bit.ly/nycoshyoungworkers](http://bit.ly/nycoshyoungworkers)

The top entries in each category will win prize money (same amount whether team or individual entry) and be featured on [nycosh.org](http://nycosh.org).

- ★ First prize in each category: \$300
- ★ Second prize in each category: \$200
- ★ Third prize in each category: \$100
- ★ Teacher of the first-prize winner in each category: \$100

## Poster Contest

Develop a slogan or message, using your own words, to explain how employers and teens can keep workplaces safer. Then design (you can hand-draw or use computer graphics) a colorful poster that communicates your message to other young workers and their employers. Your poster must be no larger than 11½" x 15". Please mail the poster with completed permission and entry forms. Print your name, address, birthdate, email and telephone number on the back of the poster and mail it to NYCOSH at 61 Broadway, Suite 1710, NY, NY 10006. Note: spelling counts! Please proofread your poster: those with misspelled words will be ruled ineligible for prize monies.

## PSA Video Contest

The maximum running time for each public service announcement (PSA) entry is 30 seconds. Your entry must be clearly and legibly labeled with the title of the production, name(s) of filmmaker(s), and school name. All footage, including music, must be originally created material, **or you must obtain proper, legal permission to use someone else's copyrighted material.**

All video participants, including producers, actors, musicians, and anyone else whose image or sound is on your submission must turn in signed entry and permission forms. Email entry permission forms along with your video link via Dropbox to [mnovoa@nycosh.org](mailto:mnovoa@nycosh.org).

## Shareable Social Media Image Contest

Develop 4 shareable social media images that include each of the four NYCOSH safety themes to explain how employers and teens can keep workplaces safer. The images will communicate your message to other young workers and their employers. We recommend you use Creative Commons images searchable at [creativecommons.org](http://creativecommons.org) unless you are using images you own. Recommended upload size for Facebook is 1,200 x 630 pixels. Submit with completed entry and permission forms via DropBox link sent to [mnovoa@nycosh.org](mailto:mnovoa@nycosh.org). Note: spelling counts! Please proofread.

Entries will be void if they are incomplete, late, lost, damaged, or are not able to be viewed due to technical error. All entries must use the NYCOSH-approved themes. No poster entries will be returned. All entries become the property of NYCOSH and entrants grant NYCOSH the right to use their names, art, images, and video submissions for advertising, publicity and promotion purposes, and to edit or make changes to the announcement. By entering this contest, entrants agree to abide by these contest rules and regulations. Complete info and entry forms available at [bit.ly/nycoshyoungworkers](http://bit.ly/nycoshyoungworkers).

If you have questions, contact Susan McQuade at [smcquade@nycosh.org](mailto:smcquade@nycosh.org)

### Sponsors of the NYCOSH 2017 YouthSafe Contest:

The New York Committee for Occupational Safety and Health (NYCOSH) is a membership organization of workers, unions, community-based organizations, workers' rights activists, and health and safety professionals. NYCOSH uses training, education, and advocacy to improve health and safety conditions in our workplaces, our communities, and our environment. Founded in 1979 on the principle that workplace injuries, illnesses and deaths are preventable, NYCOSH works to extend and defend every person's right to a safe and healthy workplace. NYCOSH is a non-profit 501c3 organization.

New York State United Teachers (NYSUT) represents more than 600,000 professionals in education and healthcare.

# NYCOSH YouthSafe Contest Themes

Use one of the NYCOSH-approved safety themes below to create your poster or video PSA or use all four themes if you are doing the shareable social media image entry. Complete info and entry forms available at [bit.ly/nycoshyoungworkers](http://bit.ly/nycoshyoungworkers).

## 1) Know Your Rights!

Young workers often do not know that they have many workplace protections on the job. Workers have a right to be paid at least minimum wage for all ours worked; they also have a right to a safer and healthy workplace, free from hazards and from discrimination. See OSHA website at [www.osha.gov/youngworkers/index.html](http://www.osha.gov/youngworkers/index.html), and NYCOSH Factsheet "Know your Rights: Laws that Protect Young Workers " at [bit.ly/nycoshyoungworkers](http://bit.ly/nycoshyoungworkers) for more information.

## 2) Speak Up to Make Your Workplace Safer and Healthier

Young workers are injured at twice the rate of adult workers. They are new to the workforce, and often lack experience. They want to do a good job and to please their employers, so they are often uncomfortable in asking for help when they may need it. Young workers need to understand that work can be dangerous, and that it's best to ask for help if they need it so they don't get seriously injured. Watch *Youth@ Work: Talking Safety* video [www.cdc.gov/niosh/talkingsafety/video.html](http://www.cdc.gov/niosh/talkingsafety/video.html) and read for more information.

## 3) Protecting Teens on the Job/Child Labor Laws

Child labor laws protect young workers (under 18 years of age) from many dangerous tasks and from working long and late hours.

See links from NYS Department of Labor and NYCOSH.

[www.labor.ny.gov/workerprotection/laborstandards/workprot/stprhdoc.shtm](http://www.labor.ny.gov/workerprotection/laborstandards/workprot/stprhdoc.shtm);  
[nycosh.org/wp-content/uploads/2016/10/01Youth-Rights-16-FINAL.pdf](http://nycosh.org/wp-content/uploads/2016/10/01Youth-Rights-16-FINAL.pdf);  
[nycosh.org/wp-content/uploads/2014/09/03Youth-Organizing](http://nycosh.org/wp-content/uploads/2014/09/03Youth-Organizing)

## 4) Chemicals Can Be Hazardous to Your Health

Exposure to chemicals can be dangerous for all workers, and young workers, because they are still growing, may be more at risk for health problems including eye, skin, and respiratory irritation; damage to organs such as the brain, lungs, liver or kidneys; damage to the immune, respiratory, cardiovascular, nervous, reproductive or endocrine systems; and birth defects and chronic diseases, such as cancer, asthma, or diabetes. Employers need to protect young workers using safer alternatives, technologies (like mechanical ventilation systems) to reduce exposure, training workers on how to work safely with chemicals, and using protective gear are ways to protect young workers from chemical exposure. OSHA's Hazard Communication Standard requires employers to provide training and information to their workers on the chemicals they work with. For more information:

NYCOSH youth factsheet on chemicals: [bit.ly/2eaCqxd](http://bit.ly/2eaCqxd)  
Safety Data Sheets (SDS) Explained: [bit.ly/2ddvbCp](http://bit.ly/2ddvbCp)

# NYCOSH 2017 YouthSAFE Social Media Image Contest Release Form

All participants in the NYCOSH YouthSAFE 2017 Social Media Image Contest must turn in this signed form with their submission. Your permission allows us to promote the contest and spread the word on young worker safety through the use of your image. *This form must be completed for you to receive your prize money should you be one of the contest winners.*

Name : \_\_\_\_\_ Cell phone number: \_\_\_\_\_  
(Please Print)

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

School: \_\_\_\_\_ Teacher: \_\_\_\_\_

Home phone number: \_\_\_\_\_ School's phone number: \_\_\_\_\_

I hereby represent to NYCOSH that I am the creator of my submission and that it is an original art work. I hereby acknowledge that by submitting it to NYCOSH that my submission becomes the property of NYCOSH and I assign to NYCOSH all of my rights, title and interests of every kind, including but not limited to copyright, and hereby grant permission to NYCOSH to reproduce my submission, with or without modification. I understand that NYCOSH will credit me as the artist in all reproductions of my submission.

Please sign:

Participant: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

We recommend you use Creative Commons images searchable at [creativecommons.org](http://creativecommons.org) unless you are using images you own. Recommended upload size for Facebook is 1,200 x 630 pixels.

Submit with completed entry and permission forms via Dropbox link to [youthworkers@nycosh.org](mailto:youthworkers@nycosh.org).

Thanks for your participation!

Please make a copy of this form for your own records.

New York Committee for Occupational Safety and Health  
61 Broadway, Suite 1710  
New York, NY 10006  
[www.nycosh.org](http://www.nycosh.org)  
[nycosh@nycosh.org](mailto:nycosh@nycosh.org)

For downloadable copies of this material and more information, go to [bit.ly/nycoshyoungworkers](http://bit.ly/nycoshyoungworkers)

